

# Swim Team

## KEY FACTS TO KNOW

*Note: New information/updates indicated in **red** text.*

The West Hillandale Dolphins – a charter member of the Montgomery County Swim League ([MCSL](#)) – is an open, supportive swim team available to children ages 5 to 18 of all fitness and skill levels.

The Dolphins compete in Division O.

- Age groups are: 8 & under; 9-10; 11-12; 13-14; 15-18<sup>1</sup>
- We compete in both “A” and “B” meets. In “A” meets, there are restrictions in how many swimmers compete from each age group, but in “B” meets everyone can swim as many events as they choose.
- 19 year-olds may be able to swim this season, but not score points at meets (TBD)

The first meet is June 19. Both A and B meets will be capped at 136 swimmers for all pools participating. There will be no snack bar at swim meets.

For meets and practices, there will be a sign-in for contact tracing purposes.

*Please note that due to the COVID-19 pandemic, we are still learning about our season. However, we will update the membership as we know more.*

### Cost

The cost will remain \$90 per child, with a family cap of \$180. **Registration will be through Swimtopia via the WHSC website.**

### Season

The season begins June 1 and continues until late July.

### Practice

Practice is daily from 4:00-6:00 p.m. until the MCPS school year ends. **Practice is separated by age groups, with 12 and under and older swimmers (13-19). The practice area will be for coaches and swimmers only. Parents may be located elsewhere in the swim club. After the MCPS school year ends, practice will also be offered on M, W, F at 7:30-9:00 a.m.**

Regular attendance is required. For meets and practices, please communicate with coaches if you know you will be unavailable/out of town. **There are no tryouts – if you can swim, you can participate.**

The first practice is Tuesday, June 1. Time trials are June 12.

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<sup>1</sup> Age as of June 1, 2021



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### Social Events

Social events are TBD, but we are open to suggestions for socially distant, COVID-complaint events. Social events are subject to state/county health department regulations. However, in the past the swim team holds social activities weekly during the season. These include pancake breakfasts, pajama days, ice cream socials, pizza parties, a lasagna bake-off, and an end-of-season awards banquet with trophies and individual award plates for every swimmer.

### Officiating

The Dolphins need officials in order to compete in meets, so parental assistance is appreciated. These positions include referees, stroke & turn, and starters. For existing officials, certifications were extended if they expired in 2020. MCSL is allowing all officials to certify online this year. For more information, [click here](#).

### Volunteering

For a list of descriptions related to running swim team and swim meets, please see the accompanying document. As of right now we do not anticipate that a snack bar/concessions will be permitted for 2021, so those positions will not be needed this summer.

### Pre-Team

In the past, the swim team has sponsored a pre-team for children ages 3-4 who are just learning to swim. Pre-team swimmers participate in swim classes led by teenagers on the swim team. They also get the opportunity to "race" in swim meets accompanied by an older swim team buddy or parent.

For 2021 we have decided not to offer pre-team in order to limit contact. If you are interested in one-on-one instruction for your younger swimmer, you may be interested in the lessons offered privately at WHSC by Ahuvah Feldman ([youcanlearntoswim@gmail.com](mailto:youcanlearntoswim@gmail.com)). For more information please visit: [You Can Learn to Swim](#).

### Questions?

Please contact [WHSCmembers@gmail.com](mailto:WHSCmembers@gmail.com). The swim team website can be found [here](#).

